



AB

Ritual Celibacy and Cyclical Fasting for Alignment

6-Week Online Course

AB in our Ancestral language of Khanit and Kamit (Nubia and Egypt) as well as the Akan language references the 'heart'. AB also means 'something pure' as well as 'cessation'. The physical heart is the repository and processor of blood for the body while the spiritual heart is the repository and processor of energetic emanations for the spirit-body. It is through the AB that we regulate our spiritual power.

When one is compromised by lust in the misuse of the hunger drive or procreative (sex) drive one cannot control his or her actions. The lack of discipline leads to imbalance within the body (disease) and discordant relationships between individuals, families, communities, organizations and more. This in turn leads to the dissolution of marriages, families and institutions. Our Amansesew-Nationbuilding/Restoration efforts are dependent upon adults who are committed to spiritual alignment ~ those whose AB is uncompromised.

'Fast and pray' and 'Celibacy'. For millennia the priesthoods and priestesses of our ancient Ancestral Religion which includes their expressions in North America: Hoodoo (Akan), Juju (Yoruba), Voodoo (Ewe), Wanga (Ovambo), Ngengang (Fang), Gullah and Geechee (Gola and Kisi) have encoded the ritual mechanisms of fasting and celibacy within defined cycles to purify (ab) the heart (ab) through the cessation (ab) of misguided desire or lust for the proper regulation of the hunger and procreative drives. We thereby access the fullness of our spiritual power. We examine these mechanisms and the undergirding cosmology of the Abosom (Deities) in this course based on our book *UBEN-HYENG The Ancestral Summons*.

Every Yawda (Thursday) from May 7th ~ June 11th at 8pm est

Registration for our course is \$30. See our \$15 deposit option. Register now:

www.odwirafo.com/akonguasupage.html • Open to Afurakani/Afuraitkaitnit (African~Black People) only

Instructor: Odwirafo K.wesi Ra Nehem Ptah Akhan, author of 31 books. Odumafo (Diviner) within Hoodoo Religion.