HOODOO

Akan Ancestral Religion in North America - Pt. 5

NTEN - Elemental Asceticism in Hoodoo

4-Week Online Course





The Akan term NTEN means 'straight' from root TE meaning 'discipline, to make straight, rectify, correct'. In the context of the ritual incorporation of Divine Law and the ritual restoration of Divine Balance – the essence of Ancestral Religion – NTEN references the ascetic tradition in Akan Ancestral Religion. The NTEN tradition is a component of AHODWIRA or 'self-purification'. This ascetic tradition was maintained in Hoodoo – Akan Ancestral Religion in North America.

The elements: Asaase (Earth), Nsuo (Water), Mframa (Air) and Ogya (Fire) govern the expansive and contractive poles of the ascetic discipline: Diet and Fasting • Sexual Activity and Abstinence • Ritual Movement and Meditation • Exercise and Balance. These poles align with our calendrical equinoxes, solstices and mid-points and are reflected in the Akan Cosmogram.

The ascetic tradition and its inherent discipline not only fortifies our **suban** or 'character' but also our physical and **spiritual anatomies** to function as instruments wielding **tumi** (Divine power) of the **Abosom** (Deities). Our ritual invocations, evocations and medicine and thereby made effective.

Yawda (Thursdays) – November 5th – November 29th at 8pm est on the Zoom platform





Instructor: Odwirafo Kwesi Ra Nehem Ptah Akhan, Author of 31 books, Odumafo – traditional Diviner within the Hoodoo Religion and Founder of Hoodoo Gyaasedan – Hearth Shrine of Akan Ancestral Religion in North America – www.odwirafo.com/Hoodoo_Gyaasedan.html

