NSAMANKOM AND THE SEVEN SENSES

Afurakani/Afuraitkaitnit (African) Ancestral Communication

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Mikyia mo (Greetings),

What follows are modified excerpts of a discussion we have on our forum: www.afuraka-afuraitkait.ning.com

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Stela of Abneb - Sakkara

Mikyia mo (Greetings),

Many have questions with regard to spiritual communication, nkomm, at the Nsamankommere (Ancestral shrine). We have addressed the nature and function of the nkommere in our article of the same title in the first issue of the nhoma (journal). (See: www.odwirafo.com/nanasom.html for the nkommere article)

The Nananom Nsamanfo (Spiritually cultivated Ancestresses and Ancestors) communicate to Afurakanu/Afuraitkaitnut (Africans) in various ways. Each person's experience at his or her nkommere will be different although there will be similar experiences that we can share.

How do the Nananom Nsamanfo communicate? Do you feel as though you're sitting in front of the nkommere and not receiving any information? direction? guidance?

Many have had these concerns and often failed to realize that the Nsamanfo have communicated with them directly. Let's look at the seven senses and how they relate to nkomm.

First, you have seven senses. The false idea that we only have 5 senses was promoted by some greek pseudo-philosophers. This is the only reason why 5 are focused on generally today. In reality, our capacity for ote (perception) is governed by the Akradinbosom (Abosom [Akan for 'Deities'] of the seven days of the Akan week - see: www.odwirafo.com/akradinbosom.html ).
The seven senses are:

- Sight
- Time
- Balance
- Hearing
- Touch/Feeling
- Taste
- Smell

The two which are usually left out are Balance and Time, yet both are critical to our proper functioning in the physical world and through the process of nkom.

You have the capacity to discern the differences of shapes, colors, etc. through sight; the differences between sweet, bitter, sour, etc. through taste; different sound-vibrations through hearing; different textures, temperatures and vibrations through touch/feeling; different aromas through smelling. All of these different qualities have a physiological effect upon you. I.e., different shapes, colors, sounds, tastes, aromas, temperatures, vibrations effect bodily processes and thought patterns, hence behavior. They can also effect disease patterns, healing responses, trigger memories, fears, desires, etc. all of which effect behavior.

The same is true of your senses of balance and time.

Your proper functioning in the world daily is dependent on your sense of balance. If you can't sense balance, you wouldn't be able to sit up straight in a car, at work; you wouldn't be able to walk, etc. The sense of balance includes gravitational considerations of various entities (not only the gravitational pull of Asaase Afua/Earth).

Your sense of time (including spatial considerations) affects your awareness and even your sanity. You can become disoriented, maladaptive, if you lose your sense of time. On a mundane level you can lose your sense of time and crash a car before "snapping out" of the trance.

These senses are heightened in the spirit-realm. When dealing with Nsamanfo and Abosom, these various forms of ote (perception) are the vehicles by which They communicate.

Some have the capacity to see beyond the physical. They are clairvoyant. Such individuals will be able to see the Nsamanfo at the nkommere.

Some have the capacity to hear beyond the physical. They are clairaudient. Such individuals will be able to hear the Nsamanfo speak at the nkommere.

Some have the capacity to feel/touch beyond the physical. They are clairsentient. Such individuals will be able to feel the Nsamanfo presence at the nkommere. They may not hear or see Them, but they can feel Their vibrations/energy movement. Hot energy, cool energy, calm energy, etc. They can feel the Nsamanfo touch them.

Some have the capacity to pick up on scent beyond the physical. They are clairalient. Such individuals will be able to smell the scents (inclusive of energy) of different Nsamanfo as They come forward. This is a powerful form of nkom.
Some have the capacity to pick up on taste beyond the physical. They are clairgustant. Such individuals will notice sweet, sour, bitter, pungent, etc. tastes/feelings depending on the Nsamanfo that come forward and depending on the questions they ask.

Some have the capacity to experience balance or imbalance beyond the physical. They are clairequilibrant. The Nsamanfo will communicate with Them through this sense. Nananom Nsamanfo will create balance within the individual when They come forth at the nkommere. Misguided Nsamanfo will create imbalance within the spiritual head of the individual when they come forth or communicate. The individual will be able to tell Who is who through this form of communication. Some Nsamanfo may make the individual dizzy at the nkommere, while others won't, etc.

Some have the capacity to experience the time-space continuum beyond the physical. They are clairtimiant. This can happen when you are asleep and the alarm clock goes off. You awaken to hit the 5 minute snooze. You fall back asleep and experience a whole range of activities that would normally take hours to complete, only to be awakened 5 minutes later by the alarm clock. The Nsamanfo will use the sense of time (often producing a trance/adae/sleep/suspended state within the individual at the nkommere) in order to communicate with the individual. The Nsamanfo can slow "time" down or speed it up. Take the person to the future or past. This is waking trance or conscious "dreaming". You will "wake up" come out of trance not realizing that you had been at the nkommere for hours.

These various forms of nkom, communication, are used singly or in combination by the Nsamanfo, depending upon the individual who is at the nkommere.

When such nkom is affected it is invariably followed (in some fashion) by confirmation in the physical world (through the course of your regular day). Things that you saw, heard, felt, smelled, tasted, balanced or "timed" at the nkommere will manifest through people you come into contact with during the day. Very often they will verbally confirm what you were given at the nkommere.

At night of course, the same kind of confirmation can be given via dreams. Dreams tend to become increasingly vivid as work at the nkommere increases.

Note also that these various forms of nkom are also forms of rudimentary divination. I.e., when questions are posed to the Nsamanfo, foul scents, tastes, feelings, imbalance, etc. are indications that the answer is no, or that a negative/misguided spirit has come forward, etc. Your ability to discern the differences and read the responses will come as you continue to work with your Okra/Okraa (Ori Inu), the Abosom and the Nananom Nsamanfo.

This is merely a summary of the various ways that the Nsamanfo make Their presence known. Pay attention to what you have already experienced, use all of your seven senses, and you will find that the Nananom Nsamanfo have been communicating all along. Moreover, your awareness will increase and nkom will be ever more vivid and direct in the future.

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Mikyia mo (Greetings),

We should note that the sense of hearing beyond the physical can be subtle or overt. Some people can hear the Nananom Nsamanfo and Abosom speak to them audibly. They are very clairaudient. However, the subtle aspect of hearing is the process whereby the Nsamanfo place/"plant" thoughts directly into your
head/spirit. This is a major means by which the Nsamanfo communicate with all of us. When sitting at the nkommere, thoughts that are clearly not yours will manifest. This is a form of subtle "hearing"/perception that all Afurakanu/Afuraitkaitnut experience.

The same is true of the sense of seeing beyond the physical. While some are very clairvoyant, others will receive more subtle images from the Nsamanfo at the nkommere. Images that actually answer the questions that are being posed. The Nsamanfo will place/plant images, scenes, etc. in the head/spirit. This is a form of subtle seeing/perception that all Afurakanu/Afuraitkaitnut experience as well.

The senses of hearing and seeing in their subtle spiritual aspects are thus vehicles for the transmission of information regularly employed by the Nananom Nsamanfo to all Afurakanu/Afuraitkaitnut (Africans—Black People) — no matter what their spiritual capacities are.

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See also:

NSAMANKOMMERE – Ancestral Shrines in Kamit
www.odwirafo.com/NSAMANKOMMERE_Ancestral_Shrines_in_Kamit.pdf

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