

NUB-NUBIT

REJUVE-NATION

Retreat



Folsom, CA

November 10-11, 13019 (2018)

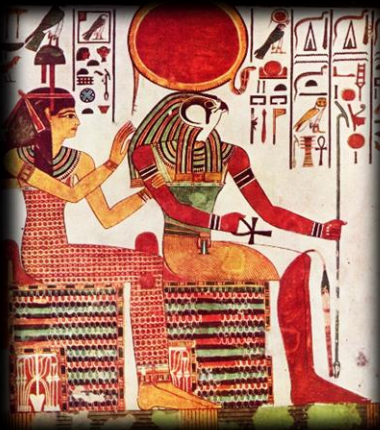
OBARIMA AND OBAATAN

Afurakani Manhood and Afuraitkaitnit Womanhood Training, Cultural and Ritual Retreat

In our Ancestral language of **NUB** and **NUBIT** are the The radiant energy of the force which animates our physical rejuvenation. Nub/Nubit is a metal animating our spirit-bodies, (Divinities) **Ra** and **Het Heru** is the the **Atem/Atemet** (autumn) the beginning of the seeding cycle – purification. This includes the Afurakani (African) Manhood and Afuraitkaitnit (African) Womanhood.



Ancient **Khanit** and **Kamit**, the terms masculine and feminine terms for **Gold**. **Aten/Atenit**, the Sun, is the golden and spirit-bodies for vitality, healing and which never corrodes. The Solar energy transmitted and regulated by the **Abosom** root of this purity. As we move through equinox, the end of the harvest cycle and our New Year – we engage in ritual harvesting of the principal values of



The terms **NUB** and **NUBIT** are also descriptive titles of **Ra** and **Het Heru**. The falcon animal totem on the head of **Het Heru** and the falcon as the head animal-totem of **Ra** when functioning as **Nubit** and **Nub** reference the setting of the **Aten/Atenit (Sun)** in the **West** and its entering the underworld, spirit-realm, for the illumination, purification and rejuvenation of the body and spirit. The red-tailed hawk carries this totemic energy in our **Ancestral Clans** in **North America**. **Het Heru** also has the title **Menmenit (Amemenewaa and Amma in Akan)** and **Neft Amentet - 'Great Mistress (Master) of the West'**.

California is the extreme west of the western hemisphere – the western region of the body of **Asaase Afua**, our **Fertile Earth Mother**. This is a region where numerous **Afurakanu/Afuraitkaitnut (Africans)** migrated in the effort to liberate themselves from enslavement. During the **Gold Rush of 12849 (1849)** some of our **Ancestresses and Ancestors** settled in the region and established gold-mining settlements, discovering gold and building independent towns for themselves. One of these **Ancestral enclaves** was the settlement known as **Negro Bar** which is located along the **American River** in **Folsom, CA**. The nearby **Negro Bar State Park** is named after this original settlement. It is to this region that we make an **Ancestral return** for our initial retreat of our year of **13019** for purification. It is a time for **ODWIRAMAN – Purified Nation** to become the **Rejuve-Nation**.



Our training retreat is for those who will become facilitators of **OBARIMA** and **OBAATAN** trainings in their communities, grounded in **Ancestral Religious practice**. **OBARIMA** and **OBAATAN** trainings are designed to be conducted in seven one-hour sessions for seven weeks, based upon the seven chapters of each book. These books and trainings are a philosophical basis for rites-of-passage for youth and adults. The restoration of **Afurakani Manhood** and **Afuraitkaitnit Womanhood**, rooted in our **Ancestral Religious values**, is key to the restoration of **ODWIRAMAN – Purified Nation – Afurakanu/Afuraitkaitnut (Africans)** in the **Western Hemisphere**. This is a

foundational element of **AMANNE – Afurakani/Afuraitkaitnit (African~Black) Nationism**, the purification of **Nationalism**, for grounded **Afurakani/Afuraitkaitnit (African~Black)** men and women form strong marriages, raise strong children and build strong families – the cornerstone of the **Afurakani/Afuraitkaitnit Oman (African Nation)**. All **Afurakanu/Afuraitkaitnit (Africans)** must be grounded in these principles.



Vegan food, ritual, culture. Vegan meals provided for breakfast and lunch on **Memeneda** and **Awusida (Saturday and Sunday)**. Participants will have the option of touring **Negro Bar State Park** and learn about the trustory of the migration and settlements of our **Ancestresses and Ancestors**.



Schedule Highlights:

Memeneda (Saturday – November 10th)

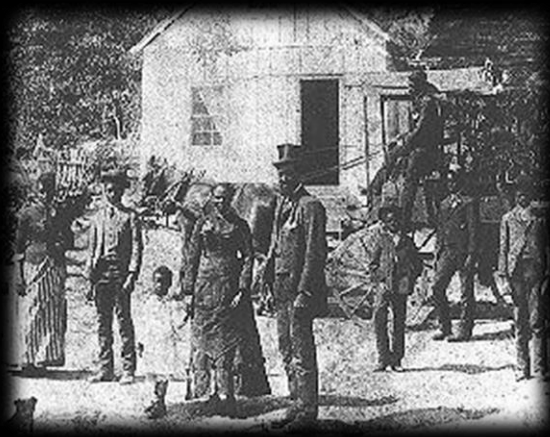
- **ABOANKWA** - Sacred Ritual Movement for Health and Wellness [www.odwirafo.com/Aboa_Nkwa.html]
- **PTAH SASETEM** training workshop – Joint 3-hour morning training session for men and women.
- **OBARIMA** and **OBAATAN** training workshops. Separate 2-hour trainings for men and women operating concurrently.

OBARIMA training conducted by Odwirafo Kwesi Ra Nehem Ptah Akhan. Odwirafo is an **Odumafo**, Traditional Diviner in the Hoodoo tradition and author of 31 books including **OBARIMA** and **OBAATAN** as well as 344 broadcasts blogtalkradio. Download all books and broadcast archives from our site: www.odwirafo.com/nhoma.html

OBAATAN training conducted by **Amma Asaase Agyei**, an **Oduyefo** – Traditional Healeress in the Hoodoo tradition and Owner of **Asaase Heals** www.hoodoowomb.com. Amma is also a member of the **ODWIRAMANFO MMAATAN** – Womanhood Collective who contributed to the **OBAATAN** book. Others within the collective will also contribute to the **OBAATAN** session.

Awusida (Sunday – November 11th)

- **Negro Bar** on the **American River** – **Ancestral Ritual**
- Joint training. 2-hour training session and discussion for men and women. Nature of the **Ba/Bait** (Spirit) as **Obra/Obraa** in Hoodoo and the ritual implications of cleansing – internal/herbal and spiritual – for development of **Afurakaní** manhood and **Afuraitkaitnit** womanhood.



[Negro Bar – Historic Folsom, CA]

Registration is open to **Afurakanu/Afuraitkaitnut (Africans~Black People)** only. Registration Fee: **\$150** – Includes the trainings, vegan meals and the soft-cover books for each session. Married couples receive a 50% discount on registration – two for the price of one. Attendees are responsible for their own lodging. **Registration is first come – first serve.** Once we reach the limit registration will be closed. We are planning for a group of 25 people. You have an option of paying the entire \$150 fee to reserve your space or 50% up front to reserve your space with the remaining 50% due three weeks after your first payment. Make your payment and check for all updates on our **NUB-NUBIT** page: www.odwirafo.com/Nub-Nubit.html Join our **NUB-NUBIT** facebook group for regular updates: www.facebook.com/groups/411514689342805