

UBEN-HYENG

The Ancestral Summons



KWESI RA NEHEM PTAH AKHAN

*Anan a Amen. Anan a Amenet. Tua a Ntoru hena Ntorotu. Antcha herak Aakbu Shepsu hena
Aakbutu Shepsetu.
Me ma me bo Nyame. Me ma me bo Nyamewaa. Me som Abosom. Nananom Nsamanfo meda ase.*

UBEN-HYENG (ü•ben´ - sheh•ng´) is the combination of the Kenesu-Kamau term **Uben** and the Twi-Akan term **Hyeng**. The terms are defined in their respective languages as descriptive of drawing forth by illumination, to shine; bright, brilliant. As a name, they are representative of the revivifying energy of Creative Power. Just as the morning Sun calls for the rejuvenation of Earth, **UBEN-HYENG** is a summons for the rejuvenation of the culture.

I have endeavored to accurately relate the following ideas and formulations which were given by the Ntoru/Ntorotu, Abosom, and confirmed by the Shepsu/Shepsetu, Nsamanfo.

This work is dedicated to Afurakanu/Afuraitkaitnut who will hear.

Kwesi Ra Nehem Ptah Akhan
21 December

*When we use the term **human** in this work, it applies only to **Afurakani** males and **Afuraitkaitnit** females.*

The **Ures** was used in Keneset and Kamit to raise the head of the person during the sleep state, and that of the deceased with interment. The **Gwa** in Akan culture is expressive of the values, authority, and spirit of the nation. It is a seat elevating heads-of-state, societal heads, and the valued authority of the Ancestral community. Inner-vision is seated in/as the head of the conscious individual and the harmonious society.

Ru Ures-Gwa Kwesi: Symbol of the twin-circulage of Keneset and Kumbu-Kankyeabo. It is representative of the *sunsum* of Aakhuamuman Amaruka Atifi mu.

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You will come to recognize that whatever is done above, is also done below. Whatever functions are executed in the spirit realm, will be replicated in the physical realm. This is Law.

Those who lived before you have left their genetic imprint in you. Your physical body shows their genetic qualities. Your behavior is reflective of these qualities. Who are you descendant of, essentially? Should you not then show the qualities, and consciously engage in behavior, which is reflective of your Progenitor/Progenitress, The Great Ancestral Spirit? This is Culture. The embracing of Harmony. The way is then open to Union.

Afurakanu/Afuraitkaitnut are the heiresses/heirs of Spirit, thus your inheritance is that of the Law and Culture of The Supreme Being. You will die, only when The Supreme Being dies.

**SHEMWT
OBRA**

Goddess pours libation in your honor.

Evaporation-condensation-precipitation is the cycle by which water is drawn into Heaven and falls to rejuvenate Earth. It is a process of redistribution. Not only is Lake or Ocean from which the water is drawn replenished, but the dry Earth which requires the benefits of water is also nourished. The water's properties work to regenerate Earth-functions, resulting in a coming forth or manifestation of that which was in the Earth. Spirit raining down in this form thus renews the potential for growth subsisting in Earth. This is libation.

Is your physical vehicle of Earth? Does it not contain copper, iron, zinc, magnesium, and every element that exists in the soil? From the beginning, was not the physical sperm, the ovum, a magnet for your spirit through whose union you became manifest on the physical plane? If Spirit rains down in the form of water to nourish Earth, and you exist as spirit through Earth on the physical plane, then you are nourished by Spirit's rain. You are renewed by Spirit's rain. Your potential for growth and development is dependent on Spirit coming in this form. You need the libation of the Goddess. She pours for you. She pours water in your honor.

Where is your spirit when it leaves the physical plane? Is some aspect of your spirit attracted to Earth? Was not your physical vehicle a miniature Earth? If miniature Earth had the power to attract and fix your spirit, now that it has totally disintegrated, should not the planet Earth have the power to attract and fix your spirit within its cosmic jurisdiction? Have you come yet to consciously expand your awareness of your spirit-body beyond the protective, nurturing power of Earth, to be nurtured, consciously, under the cosmic jurisdiction of other celestial bodies/powers? Until such time, you are nurtured by Earth.

Goddess pours libation to nourish Earth as part of the cycle of regeneration. She renews the physical potential inherent in Earth. Earth then yields fruits for all physical bodies, and you then appropriate a portion of those fruits to feed your physical body. Yet, if the libation of Goddess also renews the spiritual potential inherent in Earth, then Her libation perpetually renews the potential energy of all Ancestral Spirits, while they are under Earth's jurisdiction. Do you not have the right then to appropriate a portion of Her libation and direct it towards renewing the potential inherent in your Ancestral Spirits, whose fruits of experience and wisdom will renew your awareness and nurture your development?

Who speaks against libation? Are you of God? Are God and Goddess two sides of the same coin? Are you then of Goddess? Should you not pour libation then in honor of the Ancestral Spirits? If you are of Goddess then you have a right and responsibility to place yourself in the process. It is more than symbolic.

Goddess prostrates. God prays. Ancestral-Deity worship.

Every emanation is a prayer. Every emanation from you is energy vibrating from you into the cosmos. Every word is a sound or collection of sounds. Every sound is a vibration. Every vibration is energy. Each sound and its vibratory wave and rate is representative of an aspect of Deity/Creative Power. Different vibrations generate different colors. Different vibrations generate different forms. Every sound thus generates an image--form and color. Every thought-image is an emanation, a vibration, sound, word, a prayer.

To emanate one must generate energy. Energy is drawn from the very root of Being, the uncreated and infinite matter underlying all things. In order to draw energy from this state, one must consciously merge with this state. She submits. She prostrates. She receives. The energy needed is then able to be drawn out. This energy is what emanates from the individual. He prays. He transmits. He emanates.

Your body prays perpetually. As Spirit continuously vibrates throughout your physical vehicle, the vibrations emit sounds--ship words--into the universe. Would it not be wise to redirect these emanations? If the Ancestral Spirits have answers or guidance for you, should you not periodically ship your words--redirect your emanations--out to them, in order to positively provoke their energy, which will in turn be shipped into you? This is Ancestral worship. This is evocation.

If the Deities are the powers within and without your physical vehicle, should you not ship your words--redirect your emanations--into them, so that their energy may be positively provoked and intensified within your physical vehicle enabling you to overcome some obstacle, physical or spiritual? This is Deity worship. This is invocation.

Do you not redirect your bodily emanations-sounds-vibrations every time you speak someone's name, thus provoking a response/energy from the person? Do you not redirect your emanations towards the letters in the pages of the books you read, thus provoking-activating the forms of the letters, which affect your consciousness in a manner that informs you?

Evocation and invocation are two sides of the same coin--provocation. Submission-passivity engenders receptivity. What is received may be transmitted. Goddess prostrates-receives power. God prays-sends power.

Are you of Goddess/God? Why then do you question provocation? If you are of Goddess/God then you have the right and the responsibility to evoke/worship the Ancestral Spirits, invoke/worship the Deities, worship the Supreme Being. Provoke/call forth the Creative Power in order to consciously cultivate It within your own being.

Meditation, participation. Ancestral-Deity possession.

Meditation facilitates conscious participation. Through meditation, we transfer our conscious focus from the external plane to the internal planes. We thus come to participate, consciously, in the spirit world--the community of Ancestral Spirits, Deities.

Who exists who does not operate on both planes? Does your thought, your spirit, not influence your physiology, physical acts? Should not the thoughts of the Ancestral Spirits, who remain connected to your physiology/their blood, aim to influence you if they must return through you? Do they not have an interest then in assisting you, your community? We consciously allow different thoughts/spirit-energy to direct our physical body and behavior, whether guided or mis-guided. Should we not consciously allow the Ancestral Spirits, and their thoughts/energy, to direct our physical body and behavior during ritual, that they may bring a message of wisdom? This is Ancestral possession.

When you decide to take water into your system, the decision is an act of the will. Yet, as the digestion of this substance is an act which is in harmony with the laws that govern your physiological make-up, this act of will is united with the Divine Will. The carrying out of this directive is facilitated through power. What moves your arm towards the glass? What directs the glass to the mouth?

To possess is to exert influence or control over. Your arm, muscles, nerves, are possessed by the power under the direction of the will. It is the will and power working in concert which possess you to grasp the glass and lift it. This is possession by an unseen power.

When the raindrop falls (back) into the river, it becomes one with the river. It loses its own direction and is now directed by the river's flow. It is possessed by the river. It is the river. When one returns his/her focus of consciousness (back) to the Source of all, he/she becomes one with, or is possessed by this flowing river of Being. When one focuses his/her consciousness on a particular aspect or phase of Creative Power, then one comes to know that phase of power, one possesses that power--becomes dominated by/participates in the power. He/she becomes that power-Deity. This is Deity possession.

Do you feel heat in the summer and cold in the winter? Do you feel heat at mid-day and coolness at midnight? Can all phases of Creative Power become manifest and dominate Space simultaneously, or is the exhibition of Creative Power phased? Time orders and conditions the cyclical manifestation of all phases of Creative Power, the Deities.

Who questions possession? Who exists who is not conditioned by Time? To participate in/awaken each phase of Divine Power is to facilitate union by possession, through Time. Our descent is of the Ancestral Spirits which by definition includes the Deities, for their/our circilage is of The Great Ancestral Spirit. We are possessed of this power at birth.

Song and dance as ritual possession-meditation.

Sound is power manifest. Rhythm is power conditioned. Different vibrations, different rhythms. Different rhythms, different powers. God's Power manifest through sound/rhythm. Goddess' Energy manifest through God. We are captivated by this sound. We are animated by this rhythm. We exist through Form as this sound/rhythm.

You will operate consciously as Goddess/God when you have cultivated the fullness of consciousness and power which lay dormant within you--that which was placed in you by Spirit. Fulfillment occurs then as your spirit's form is consciously united with Spirit's Form. Your power now in conscious harmony with Spirit's Power. Meditation, alteration of conscious focus, opens the way for it is the means by which one becomes open to receive, to possess, the sounds/rhythms, powers, of Creation. Song and dance are expressive forms of chant, trance, provocation.

Song is generation of power, a revelation of sound. The voice-vibrations unveil power. Why should this power not be wisely directed towards turning the keys to unlock every phase of Creative Power? Song is truly ritual. Spirit's ordered movement/vibrations ritualize the song of cosmos. It's harmony is captured and reverberates by/through Space perpetually. Should you not seek to hear and echo this song, these sounds, this power? Should you not sing as Spirit sings, directing your voice/vibrations in forms/songs displaying Spirit's harmony, in order to facilitate possession, empowerment? Song as ritual is possession-meditation.

Dance is generation of power, a revelation of rhythm. The movements wield power. Why should this power not be wisely directed towards opening the doors which will unleash every phase of Creative Power? Dance is truly ritual. Spirit's ordered movements/rhythm ritualize the dance of cosmos. It's rhythm is displayed by the celestial bodies, by animals, by nature. Should you not seek to absorb and imitate this dance, this movement, this power? Should you not dance as Spirit dances, directing your body/movements in forms/dances displaying Spirit's rhythm, in order to facilitate possession, empowerment? Dance as ritual is possession-meditation.

Who speaks against song and dance as possession? Ritual song and dance is the Earthly replication of cosmic sound and rhythm. It is possession through meditation. Different song-forms engender receptivity to specific phases of Creative Power/Deities. Different dance-forms engender receptivity to specific phases of Creative Power/Deities. Musical instruments work to mediate and channel the Powers/Deities into the human instrument. You are possessed, perpetually, of Spirit's sound/song, Spirit's rhythm/dance. Ritual possession-meditation is conscious reconnection, union, with Goddess/God.

Nature worship.

One Spirit which all things in the universe share. The Great Spirit which comes into being in the forms of the things It created. It vibrates continuously throughout your physical vehicle. It vibrates continuously throughout the bodies of the entire animal sphere. It vibrates continuously throughout the physical structures of the vegetal sphere. It vibrates continuously throughout the physical structures of the mineral sphere. All created matter in the universe, down to Its very sub-atomic structure and beyond, is permeated by the consciousness of the Mother-Father Supreme Being.

The bird is compelled by desire, which is dictated by the forces which formed it. It has no choice but to follow. The cactus lives and dies in accordance with the laws of the forces which created and formed it, it too has no choice but to follow. The mountain is also receptive, totally, to the forces that created and sustain it. It has no choice but to follow. Yet the human has a choice. One choice. The human can choose not to be dominated by that which is not in harmony with Divine Law. Knowledge of our divinity becomes conscious expression when we exercise this one choice at any given time. Otherwise, the knowledge of our divinity is un-conscious.

If you have freedom to make a choice then choose to listen to yourself. For Nature talks. Are you of Nature? Is your spirit not one with the Spirit permeating Nature? If Spirit vibrates throughout your physical vehicle producing a collection of vibrations unique to your configuration, then can it not be said to do the same with all forms/structures in/as Nature? Does the bird have a physical body? Does Spirit not vibrate continuously throughout its form? Does the oak tree have a physical body? Does Spirit not vibrate continuously throughout its form? Does the mountain or the stream have physical forms? Does Spirit not vibrate continuously throughout their forms? Then they all send out emanations. And as they act they direct their emanations. When they suffer damage they record and transmit that information as energetic emanations which flood the universe.

Nature talks. When the bird decides to take flight, the decision manifests as an energetic emanation, which is sent out into the universe. As the tree grows, it is bombarded with energy-emanations from other entities in nature, it absorbs, records, and reverberates these emanations into the cosmos. The mountain and the stream absorb emanations from the vegetal, animal and human spheres, record, and reverberate them into the cosmos.

Sit in front of the tree if you are of Goddess/God. For you will be able to ingest its emanations-vibrations and choose to translate them into your language. Listen to the bird, the mountain, the stream. Their emanations-vibrations are their language. You as human have the ability to consciously absorb and translate their words into your words. Who speaks against Nature worship? Spirit exists as Nature. You have the right and responsibility to provoke Nature's oration so that Nature may feed you Its lessons.

Spirit-womb of the talisman, amulet.

What is the nature of the womb? It must receive and retain, for only then can the function of gestation commence. What is the nature of the spirit-womb? Must not the same functions be executed? Where is the spirit-womb?

Observe the element fire, notice the flame and its corona. Observe the Moon, witness Its body and Its corona. Take notice of the Sun, Its body, Its corona. Hold your palm near to your face. Does your body not generate heat? Is this heat which extends beyond your physical constitution not your corona? Does movement generate heat? Should not heat be generated then as Spirit vibrates throughout/as all forms in Creation, thus producing a corona surrounding all forms and objects, animate and inanimate? Every form, every body, has a corona.

Can anxiety/thought engender physical stress? Thought originates beyond the corona on the spiritual plane. Thought is spirit, energy vibrations that are conditioned/directed. The corona receives and retains these vibrations from the spiritual plane. If the corona is an energetic extension of the body, should not energy affecting the corona affect the body?

Does the reception, retention, and gestation of spirit-energy by the human corona not represent the functional properties of the womb? The corona is the spirit-womb. Spirit in the form of directed thought conditions, impregnates, this womb. Is the corona of the inanimate not of the same origin as that of the animate, if the same Spirit vibrates through/as all forms in Creation? Should not the corona of the inanimate act as womb?

The womb of the female retains and feeds the energy of the child. The corona of Earth naturally retains, drawing the inhabitants to the surface, while it feeds them of Its atmospheric elements. The human corona retains conditioned energetic-vibrations/thought, from which the brain and body feed. Should not the corona of the talisman, the amulet, be conditioned to retain energetic-vibrations, power, until such time is necessary for the power, the vibrational energy, to be provoked, birthed and utilized by the owner?

The corona of the Sun will disintegrate an object before the object has a chance to reach the body of the Sun. The corona of the flame will singe the skin though it is not yet close enough to touch the body of the flame. Why should the corona of the talisman, the amulet, not be ritually conditioned to protect its owner from inimical thoughts, energetic-vibrations, projections? The womb protects the child until the child can protect itself.

Who speaks against the talisman, the amulet? Do you ornament your body with metals, stones, animal skin? Do you keep objects which hold sentimental value? Talismans, amulets. Goddess/God has conferred Divine Power upon the inanimate. You have a right and responsibility then to enlist its utility, until you learn to master its generation.

Creation is ritual incarnation.

Can you see in the dream state? Can you hear in the dream state? Can you taste, touch, smell, desire, in this state? Yet, your body lay motionless in the dark. No sounds, no light, no activity. What then is it that sees, hears, senses, beyond the body?

You, as spirit, are living-energy. Your soul is your consciousness, it describes the non-physical form which you assume as spirit. Your body is the physical replication of your non-physical form, spirit-soul. Is this not true of Spirit? Is Goddess/God, as Spirit, not the Life-Energy of Creation? Does Goddess/God, as Soul/Consciousness, not determine Her/His Form? Does Goddess/God, as Creatress/Creator, Spirit-Soul, not incarnate perpetually, through Time, as a multitude of forms in/as Creation, the physical world-universe?

Water passes through air, in the ritual of precipitation, as various drops of water. Creative Power passes through Time, in the ritual of Creation, as various phases of Power. Every phase of Power performs a primary function, thus revealing Its nature, Its personality. Every phase of Spirit's Power is a Spirit-Power, a Deity, a Goddess or God.

Are you not of Spirit? Is your procreative power not of Creative Power? Does your procreative power then not manifest, through the cycle of your life-time, as various phases of power? Do the various phases of your power perform primary functions, revealing their nature, their personality? Is not every phase of your spirit's power thus a Spirit-Power, a Deity, a Goddess or God?

Creator/Creatress-Creation is one. Spirit-Matter is one. Soul-Body is one. How else could Creator/Creatress manifest in physical form, except the many forms of Creative Power be received and replicated in/as Matter? Is Sun not a form of Matter, an active expression of Creative Power? Is Ocean not a form of Matter, a passive expression of Creative Power? What of the Atmosphere, what of Earth? What of your forms? What is your heart, if it is not a form of your body-matter, an active expression of your procreative power? What is your blood, if it is not a form of your body-matter, a passive expression of your procreative power? What of your corona, what of your organs? You, as spirit-matter, are a synthesis of the Deities.

Creation is ritual incarnation. Does Creation not ritualize the incarnation of The Great Ancestral Spirit? Should not procreation then ritualize the incarnation of an Ancestral Spirit? Does Creation not ritualize the incarnation of the Spirit-Powers? Should not sexual activity-procreation then be ritual invocation of these incarnate Spirit-Powers? Who questions Creation as ritual incarnation? To destroy Creation is to reject the Deities incarnate in/as Creation. To strain and damage your bodily organs, glands, structures, through non-ritual sex-procreation, through improper diet and behavior, is to reject the Deities incarnate in/as your physical body. Such rejection is the only Death.

The world is the great oracle.

If one interacts with the world and beings who live in the world, and the result of that interaction seems to reveal lessons for your spirit, then that interaction with some being(s) outside of yourself is an interaction facilitated by the creative part of your spirit. Your Divine indwelling intelligence has crafted a lesson for you to learn through tools which do not dwell within you -- different people, animals, nature, stars. You can be reminded of certain principles conducive to your own spiritual awakening by simply observing nature and its laws. You can be reminded of certain principles which are conducive to your spiritual awakening simply by observing animals. You can be reminded of certain principles which are conducive to your spiritual awakening simply by listening to another individual's life experiences.

If you believe that Spirit places certain people in your path and creates certain situations providing you with the opportunity to draw a lesson from the experience, then you recognize that the Divine indwelling intelligence can and will use an external means to focus your consciousness towards that (It) which is internal. This is the definition of an oracle: An external system through which Spirit expresses its internal workings, Its Self. People, animals, insects, Earth, Moon, Sun, stars, all have lessons, and all are organs of the great oracular system called World.

If one did not need these lessons that the physical plane holds for him/her, he/she would not need to be on the physical plane.

Who questions the necessity of the oracle? You live in an oracle. You exist as an oracle.

If your spirit existed before this incarnation, if it was that which facilitated the union of sperm and ovum, if after death, it departs from the physical vehicle, then the temporary physical vehicle can consciously be referred to as external from the spirit. The spirit operates through this vehicle, and utilizes it as a tool towards union with the Source. Spirit expresses itself on the physical plane through this external tool. This tool and its component parts--organs, chakra centers--is thus oracular.

If God fashions the world and the world is oracle, if you are of God, then you fashion an oracular world. You have the right and the responsibility. You set the parameters. Allow your Divinity to express Itself through those parameters.

Those who recognize that Wisdom is accessible to all through oracle, are those who can no longer escape accountability for their actions.

**MESSU RA
ODOMANKOMA**

God is an Idolater.

An idol is substance structured into a specified form according to a pre-existent image. Is the Sun idolized fire? It is not the Creative Power, but a vehicle through which that active and aggressive phase of Creative Power can manifest itself on the physical plane. Is the Ocean idolized water? It is not the Creative Power, but a vehicle through which that passive and receptive phase of Creative Power can manifest itself on the physical plane. Is the Moon idol? Is the Earth idol? Is the jackal, lion, bear, serpent, idol? Is the hammer idol? Does it not take the place of Creative/Destructive Force, on the physical plane?

What is the greatest idol?

Are you an idol? Did Goddess not provide the substance and God not structure your form? Are you created after the image and the likeness of the Supreme Being? Does God not worship you? Does He not word-ship you? Does He not ship His word or His spirit, His power, His vibration, His breath into your very form while existing in essence as your form?

God is an idolater, the Great Idolater. He creates idols daily. He idolizes perpetually. He idolizes you. Goddess spins the images which will become physical reality, then Goddess/God comes into being in the form of the things It created.

You exist as idol, and Spirit word-ships you until you learn to worship It, until you learn to send your self to Self, to achieve union. Then you become the Great Idolater.

Who of the Creator's idols now comes to destroy idolatry? Would he destroy himself?

Spirit releases Creative Power through the filter of a Time-conditioned reality. Each phase of Power generating a geometric pattern in Space. Each pattern holding the key--the vibrations--of the phase of Creative Power which created it.

If you are of God, if you are of Goddess, then you have the right and the responsibility to idolize. Your idolatry is Creative Process. Your fashioning of form after the design of a pre-existent pattern leads you to true worship. To ship/send a word is to ship/send your worth. Your worth is your value. Your value is expressed mathematically as the sum total of the vibrations whose unique-key ratio of waves and rates manifest on the physical plane as your spirit-body.

True worth/word-ship turns the key--releases the vibration--of the cosmic pattern. As every key is turned, every power is unleashed, at-one-ment comes. You transcend Time.

God structures the great economy through world. Make offerings.

Economics as a system designed to allocate resources in a useful and equitable manner according to the dictates of the Divine Order, is God's structure. Goddess allocates resources. God structures the plan through which they may be made useful. What are the resources of the spiritual plane?

Creative Power conditioned by Time is phased into various aspects. The many aspects are the resources. Humans share all aspects/phases as a micro-economy, but in a unique configuration. The ratios between one phase of Creative Power to the next is different for every individual. Are some humans not aggressive, hot, fiery? Are some not passive, cool, watery? If they share every aspect of Creative Power, yet one dominates their behavior, are they not by definition imbalanced? By what means is balance achieved?

In an agrarian setting of a communal society the farmer who grows yams, predominately, will barter with the farmer who predominately grows beans. When the transaction is complete, both have yams and beans. A balance has been achieved. The wildebeest depletes the grass by consuming it, yet the lion consumes the wildebeest. Still, the soil is rejuvenated by the excrement of the wildebeest, thus the grass returns year after year. Nature has bartered for Its own stability, Its own balance.

Where is your balance? If all phases of Creative Power dwell within your being, you must fully awaken each phase, within the Law of Cycles, in order to achieve true balance and equilibrium--union with the Creative Principle-Goddess/God. Have you the ability to awaken these dormant faculties within you immediately? It is something to be achieved. Yet, until you realize this goal how do you live in harmony with Divine Law--meet every situation with the required spiritual power--if many of the powers you need to harmonize with the Law are not yet awakened? Does Goddess have a Divine barter system?

If Spirit vibrates through the color red, the hot and pungent foods such as garlic or ginger, the oil of cedar wood, a garnet stone, and ram's blood, at a rate and wavelength that generates fiery energy, then provoke the fiery energy of such tools through offering, and reallocate/utilize it. All physical things produce emanations according to their nature. If Spirit produced all things, and you exist in essence as Goddess/God, then you have the right and responsibility to reallocate/utilize all things in your effort to achieve Harmony.

Should you not make offerings then to the Ancestral Spirits, to erase a temporary deficit in your own understanding, which at the same time engenders a purified environment for them to reincarnate into? Is this not barter, exchange, in harmony with Law? Should you not make offerings to the Deities, that their energy may be aroused enabling you to recognize and reallocate/utilize it to overcome some temporary imbalance, physical or spiritual? Is this not a proper allocation of resources? Who speaks against the offering?

The human body, the world, are shrines within a shrine.

During the dream experience, or the trance experience, the images perceived are through a third-eye, while the two eyes are closed. The experience of radiant energy in the area between the eyebrows when a revelation, intuition, or vision comes to you, reveals this third-eye center to be a center of inner-vision. It is a shrine, a focal point for some aspect of consciousness to show Itself.

When air vibrates through a musical instrument, the vibration produces a sound. When air and spirit vibrate through the human instrument, sounds are produced. Yet, if your human instrument has a different configuration than every other human instrument, then the collection of sounds resonating from you are unique to you. As Spirit vibrates perpetually through your vehicle, perpetually producing the same collection of sound vibrations one comes to understand that these vibrations, unique to your person, make up your true name. They represent the specific configuration of forces which governed your incarnation, your moment of entry into the physical plane. If heard with a spiritual ear, they may be reproduced by the vocal chords. It is from the throat center that these sounds or words of power can be generated. This center is a focal point for that aspect of consciousness. It is a shrine.

Anxiety often makes for a heavy heart. For near it is a center through which emotional energy is received and transmitted, just as the heart receives and transmits life-blood. It is a focal point for some communicative aspect of consciousness. It is also a shrine.

Nature is comprised of shrines within shrines. Can you not communicate with nature? Is your mode of communication in a mountainous region different than it is when you immerse yourself in a body of water? Meditate on a hill or mountain. Meditate under the direct energy of the noon-day Sun. Meditate under the full Moon. Meditate in the waters of the Goddess. Are these focal points connected, yet different? They are shrines, various focal points for communication with various aspects of Consciousness.

If Being manifests as a multitude of forms through time, then Time has seemingly broken the One into the many . . . the many aspects of the One. Until we have returned our focus of consciousness to the Source --recognized and consciously realized the synthesis of the many through time -- then our focus perpetually travels among the many aspects of Being. Each aspect of Being is a shrine.

Who speaks against the shrine? Spirit has fashioned the world as shrine, for you to communicate with and come to know yourself through. Should you not erect shrines then in your dwelling-place, to consciously focus on various aspects of Being? If you say your essence is Creator, then you have the right and the responsibility to make a shrine. You are only re-enacting your work as Creator when erecting the shrine called World.

Ancestral communication. Appeal for guidance.

The One Consciousness, Goddess/God, through whom all created individuals, physical and non-physical, living and deceased, have their awareness. Does the fragrance of a flower not condition/modify the air? Are those who share and breathe the same air not then affected by this conditioning? Do individual thoughts, projections, not condition/modify Consciousness? Is our awareness not affected then by the thoughts, projections, influences, of the Ancestral Spirits, if we all share the same Consciousness? Why should we not determine the nature and value of communications from the Ancestral world?

Do you seek advice from father, mother, sister, brother, relative, close friend, associate, teachers, orators, books, at any point and time in your life? Why? Why not go to the indwelling-Divinity for every single question or decision you have to make? This is the goal. But are you in the position to actualize this goal at the moment, at will? The child's goal is to feed itself, but the process will take time. Until the child develops the capacity to seek out and acquire that which it needs for nourishment it will have to rely on assistance from others or die. Its natural instinct is to live; it thus has no problem receiving assistance. If you were in the position where you needed no assistance in order to feed yourself spiritually, you would never consult anyone, or anything. The Divinity within you would be fully awake on the conscious level. You would be Self-guided.

Egotism often blinds us from seeking guidance. Yet, when there is no where else to turn guidance is sought. We may fancy ourselves to be knowledgeable about health, but if the physical vehicle breaks down on an isolated path and we cannot figure out the problem, we are glad when one arrives who has the experience to heal the physical vehicle. We suspend our ego for the sake of receiving assistance. This is hypocrisy.

You are on a pathway right now with a vehicle whose defect is that of egotism. The assistance you need, but have denied, may come from those who have traveled that road before you. They have the tools, but you refuse to make an appeal to them.

The Ancestral Spirits transmit wisdom from experience. Yet they receive a vehicle/body in which they can incarnate which is not defective, only if those who provided the vehicle were receptive to guidance. We feed the Ancestral Spirits a non-defective vehicle and a favorable environment in order for them to continue their development unmolested by excessive egotism. They feed us with their wisdom through experience which allows us to create such an environment, if we listen.

Who questions Ancestral communication? You communicate daily, though unconsciously. Do you dream? Do you receive intuitions? You have thus entered their world. Should you not endeavor to enter their world consciously for guidance? Appeal to those who are already on the path of Divine guidance. Until then the blind (ego) leads the blind.

Goddess/God has Emissaries. Representatives in Creation.

Movement presupposes Energy. Movement/energy-vibrations reveal sound. Such vibrations are essential to the manifestation of Time. Creation is governed by Time. Time orders-measures the cyclical manifestation of Power, that things may come into existence. All things produce emanations which are reflective of Power, which is governed by Time. Vibratory waves may manifest as longer or shorter. Vibratory rates may be faster or slower. From beginning to ending to beginning, from light to dark to light, from expansion to contraction and back to expansion, all wavelengths, all rates, come into being as various representatives of Creative Power.

Every representative/phase of Creative Power vibrating through Space generates Its own sound (s). Sound imbues Space with colors corresponding to the nature of the vibration. Is sunlight not broken into a band of colors, a rainbow, when refracted by rain or mist?

Collections of sounds are groups of various vibrations, together generating geometric patterns in Space. Does rapid movement/vibration not generate heat? Is heat not expansive? Does expansion not call forth contraction, cooling? Are expansion and contraction not essential as dynamics of Form? Are heat and cooling not essential as dynamics of Form on the physical plane?

Every representative/phase of Energy emanating from Spirit as a Creative function, through Time, is a personality, a Deity, a phase of consciousness emanating from the Divine Source of All-Consciousness. Each Deity is either male or female, predominantly expansive or contractive in power-character-behavior, whose vibrations generate higher or lower-pitched sounds, feminine or masculine voices, thereby revealing Its own name.

The form-vehicle through which Spirit operates determines its personality, consciousness. Is there not one source of air on Earth which all humans share? Is there not one Spirit, by which all things have life? When spirit is housed in a lion, does it not manifest as the peculiar personality and consciousness of the lion? When spirit is housed in a dove, does it not manifest as the peculiar personality and consciousness of the dove? When spirit is housed in a human, does it not manifest as a personality and consciousness peculiar to that person? What of the personality and consciousness of the Forces which determined the form of all things--the Goddesses, the Gods? What of these various representatives of Divine Power operating through the medium of Space, who generate their own sounds (voices), colors and geometric patterns (images and forms), their own genders/powers (male/expansive, female/contractive), names, personalities, behaviors?

Who speaks against the Goddesses and Gods? Are you not consciousness as physical form, patterned after an image of various colors, with your own voice, gender, name, personality, behavior? Goddess/God has Emissaries. Representatives in Creation. Are you of Goddess/God?

Goddess holds your name, God has your language.

Energy fathers movement. This is the beginning of Creation. Energy before movement contained all vibrations necessary for the coming into being of all things, in a passive potency. Goddess mothers Energy.

Sound is truly primordial. We receive sound. We process sound. We reproduce sound. Goddess sustains our form. Our form specifies sounds. These sounds are our names.

All movement/vibrations produce sounds. Yet the product, sound, is merely an audible manifestation, revelation, of Energy--pre-existent Energy. Is the word you speak not already known to you before you allow it to pass from your lips? Did the word not exist prior to your speaking it? Is the spoken word then not a manifestation, revelation, of energy/vibrations, which were pre-existent in your mind/spirit? Sound is truly primordial.

As Spirit vibrates through any form, sounds are emitted. We notice the different sounds produced as air vibrates through musical instruments of various shapes. Every musical instrument speaks. It's specific dialect is determined by its form, its use. This is language.

Can we not perceive different sound groupings as Spirit vibrates through humans of various spirit-energetic configurations? Does your configuration not emit your true name? Do you not have a language? A primordial language? A language rooted in the product of Energy vibrating through your genetic form? What then is your dialect? Does the region in which you live not have an effect on your physiology? Should then your natural dialect of the primal language not be a result of your migration to a different region? You have a name. You have a language. Goddess has written the dialect into your very nature.

The Ancestral Spirits recognize the dialect of the primordial language they spoke. They recognize it when you call their name, in their dialect, during libation. They recognize it when you provoke dialogue, in their dialect, through evocation. Their dialect nourishes them, for it is descendant, through Afuraka/Afuraitkait, from the primordial-God language, which is a tonal language. Tonal languages give different meanings for the same word, based on the way in which the word is pronounced, in what tone it is spoken. Different tones are different vibrations. Different vibrations yield different meanings. Is this not of God? Are the different phases of Creative Power not reflective of different rates of vibration, thus yielding different tones, values, meanings? Deities? Afurakani/Afuraitkaitnit language resounds Divinity.

You are connected genetically to the Ancestral Spirits. If the dialect they spoke nourishes and energizes them, should it not nourish and energize you, as their descendant? Their incarnation? You have a right and responsibility to employ the dialect that was written in you; the name resonating as you. Goddess has a name. God has a language. Speak them if you are of Goddess/God. Proper name and language are energetic-links to Spirit.

**AKHET
OSAGYEFO**

Goddess's destruction is reorganization.

The Sun sends forth energy which manifests as light and heat on Earth. Its rays cause evaporation, Earth now releasing a portion of its water into the atmosphere in the form of a fine mist. The Sun causing Earth's water to transform into mist, is a destruction of forms. Mist is water and heat united. Pure water's form is destroyed. Pure heat's form is destroyed. Out of the elemental debris of these two destructions comes a new combination--mist--a new form. The mist collects/condenses in the atmosphere. It falls back to Earth as droplets of water/rain, a new form. The mist-form is destroyed in order to give rise to the rain-form. Thus, out of one body/water, comes many bodies/raindrops. Is this not the replication of a cosmic function? Is this not representative of the process by which many human souls come forth from the one Great Soul--Goddess/God?

Goddess destroys matter-forms in accordance with the necessity of the moment as dictated by the Divine Plan. The fashioning of new/different forms by God is then possible. Is this not an Orderly Creation? Is the Order inherent in Creation not representative of a pre-existing Divine Plan or Structure? God's Structure?

Destruction giving rise to a new form in harmony with the Divine Plan is truly reorganization. Is not destruction irrespective of harmonizing with the Divine Plan then truly self-destruction? The Divine Plan determines the reality of Creation on the physical plane. Who then lives out of harmony with the Divine Plan who is not out of touch with Reality? If one is out of touch with Reality, is he or she not then insane?

Destruction means to de-structure--to take away or remove the present structure-form. This is a necessary process in Creation, if all forms are modifications of Spirit's Form. Are you of Spirit? Must you then de-structure/reorganize present forms in order to generate new or different forms, behaviors? Yet, your reorganization must be in harmony with Structure, for deviation from Structure is deviation from Reality. This is insanity.

The culture dominated by lust is your enslaver, thus your embracing of this culture and its adherents is deviation from Structure/Reality. It is self-destruction. Insanity. Does the prey commune with the predator? Should the enslaved commune with the enslaver? This is insanity. Are you named after Spirit or are you named after your enslaver? Do you de-structure/alter your hair to emulate your enslaver? Do you de-structure/alter eyes, skin, physical attributes, out of harmony with Divine Structure? Insanity. Are you a slave to food, de-structuring the natural form of your body creating obesity, disease? Are you enslaved by lust--a male or female engaging in dissexual/homosexual activity? Insanity. Deviation from Reality. Self-destruction. Deviation from the Divine Plan.

All of your excuses are useless, for Goddess does not Self-destruct. Renounce insanity. Embrace Reality. Cease self-destruction. Reorganize, if you are of Goddess/God.

Barter fear for knowledge of immortality.

Imagine for a moment that caucasians ceased to treat you in a prejudiced manner. They ceased to commit police brutality. They finally admitted the truth concerning our population, showing that Afurakanu/Afuraitkaitnut are at least the majority of the population. They began to accept you. The highest political office, as well as the majority of the political offices in the nation were filled by Afurakanu/Afuraitkaitnut. Many of their most influential trade and commerce organizations came to be headed by Afurakanu/Afuraitkaitnut. Usury ceased to be practiced at the expense of Afurakanu/Afuraitkaitnut. Afurakani/Afuraitkaitnit-owned businesses began to flourish. Equal access to property ownership was honored. Imagine caucasians removing all the white images from their places of worship. Imagine such a state of affairs in the nation. How many of you would embrace and feel comfortable in such an egalitarian society? Herein lies your slavery.

Many of you who claim to champion Afurakani/Afuraitkaitnit culture really seek only to live this white culture unmolested. Afurakani/Afuraitkaitnit culture becomes your shield; a system of defense with which you must become moderately-well versed intellectually. For your sense of security against this white culture's blatant attacks, grows in proportion to your degree of intellectualism. Have you not considered the white culture's subtle attacks? Have you not considered the fact that white culture itself is a perpetual attack on your life/lives? To assimilate poison is to accelerate your own death. Whose cultural values do you truly seek to assimilate?

Who truly speaks of Afurakani/Afuraitkaitnit culture? Religion animates Afurakani/Afuraitkaitnit culture. Reincarnation animates Afurakani/Afuraitkaitnit religion. One who speaks of a harmonious society without speaking of reincarnation is one who has never truly desired to burn the tie to the slave master's values, religions. Have you been made to fear your own culture more than your enslaver?

The knowledge of reincarnation is at the root of religion. How one perceives his/her destiny beyond death determines, fundamentally, how they conduct their lives. We who have been brainwashed into the belief that we only live once have suffered a grave offense. To conceal the knowledge of multiple existences from someone is to take their life/lives from them. The value of their past experiences, lessons, are disabled as a source of nourishment, cultivation. Lacking the proper insight into how future circumstances are crafted in the present sentences one to repeatedly make misjudgments. How long would you serve under the slave master if you were truly conscious of your immortality? Would the knowledge of immortality, reincarnation, and rebirth not diminish the fear of death? Does the caucasian deliberately execute the barter of fear for such knowledge? Is it not his only true means of maintaining control? Do you endure, for fear of death?

You are immortal. Ancestral communication consciously connects you to the spirit realm, immortality of the soul thus manifesting as reality--no longer speculation. Reincarnation is the process through which you consciously realize and re-establish your connection to Divinity. Barter your fear for the knowledge of Immortality, if you are of Goddess/God.

Spring has arrived. Regenerate your culture.

Is your body of Earth? Earth becomes hot and dry during the summer; cold and moist during the winter. Should the seasons then not affect your body if your body is of Earth?

How does heat effect your emotions, your actions? Is your body not “heated-up” during a spirited argument? Is an abundance of heat not apparent in connection with sexual arousal? How does cold effect your emotions, your actions? Is your body not “cooled down” during the sleep state? Is it not necessary for cool energy to dominate your physical body in order for you to engage in deep thought, concentration, contemplation?

Heat and cold are two polarities of the same reality, two sides of the same coin--energy. As solar energy increases, the body is stimulated to secrete certain energetic substances by which we become more externalized, active. As solar energy decreases, the body secretes substances by which we become more internalized, passive. This is true of all solar cycles.

The Earth’s position in relationship to the Sun determines the Earth’s seasonal cycle. Yet there are greater Suns. Our solar system’s position in relationship to these greater Suns/stars determine greater seasonal cycles. One such cycle is the Great Year. It is a period lasting about 25,920 years.

The wise have always observed the cycles. Fire can light a room or burn down a dwelling-place. Water can nourish the body or drown the body. Wisdom shows how to direct these energies positively. The Ancients devised a cultural milieu which harnessed and directed the different phases of stellar energy being received by the planet towards the good of society. Thus, during the spring-summer half of the year/6 months, as well as the spring-summer half of the Great Year/12,960 years, the culture allocated the solar and stellar heat in a resourceful manner furthering creativity, expansion, and expression. During the fall-winter half of these solar and stellar cycles, the cool energy was directed through the design of our culture to further receptivity, gestation and development.

We have lived through many Great Year/25,920-year cycles. However, the current one introduced the caucasian grouping. Still, it was only when we allowed them to pull us away from our culture, that we began to truly suffer. The hellenization of Kamit. The aryanization of India. The islamicization, catholicization, and anglicization of Afuraka/Afuraitkait. We began to embrace their culture. Thus, during this stellar summer we allowed the heat to fire our passions and lusts, instead of it being re-directed towards productive creativity. We fought amongst one another; we sold the prisoners of war to the caucasian as slaves in exchange for his cultural peculiarities. During this stellar winter we allowed the coolness to put us to sleep instead of making us receptive to the wisdom in Nature; its gestation and development within us. We allowed caste-systems to define us. But be wise, observe. Spring has arrived. Regenerate your culture.

PERT
ADAE

God protects Her Laws.

Scratch your skin and notice that a scab will form. A self-defense mechanism, or an act of Self-defense? Spirit restoring order within some aspect of Its-Self? Attack a bear and witness the reactive-protective stance it takes--defense at all costs. Cut the leg off of a crab or the leaf off of a plant and witness the regeneration of their members as the Self defends/restores its form. Watch the Earth. Observe the restorative patterns being activated as Earth cleanses itself. Cut into the Earth and you cut into an Organism. Witness the earth as it quakes, the hurricanes, the floods, the brush fires. Nature restores order. God protects Her Laws ItSelf.

Throw a stone up into the air. A force in Nature causes it to return to Earth. What was out of harmony with the laws which govern its form, was made to submit to that harmony. Otherwise, it could continue to float.

Project your energy out into the universe and know that a reaction is inevitable. If your energy-projection is out of harmony with respect to Nature, Nature will protect Itself. If your energy-projection is out of harmony with the animal, the animal will protect itself. If your energy-projection is out of harmony with the vegetation, the vegetation will protect-regenerate itself or die. What if the energy you project towards another human is out of harmony with the laws which govern the existence of the human? Is the human not part of Nature? The human should protect self, naturally. Only if she/he so chooses.

Does the bear wait for another to protect it? Does the crab wait for another to protect it? Does the plant wait for another to restore order? Should the human wait for another to save him/her from another? Is the same Spirit in the animal and plant not in you? The animal instinctively allows Spirit to awaken its protective-restorative self-defense mechanism. It is then moved to attack--restore balance. Are you not of Nature? Do you not have a natural instinct towards self-preservation? Should you not allow Spirit to provoke that natural instinct within you, so that you may use every talent and faculty within your being to restore order and balance where disorder and imbalance have been created? Where are your talents and faculties?

Does disease not begin on the spiritual plane and manifest as a physical malady? Then does self-preservation and restoration begin on the spiritual plane? Is power rooted in the spiritual plane? Where then should you look to draw your resources for engagement?

Make your vehicle a receptive channel through which the reactive, Self-defensive aspect of Creative Power can resonate. Engagement begins on the spiritual plane. The strategy is already mapped out on the spiritual plane. The power to overcome originates on the spiritual plane and manifests through the physical plane, but only through receptive physical vehicles.

Killing is transference, murder is stealing.

All murderers are killers, but all killers are not murderers. Just as disease arises out of an energetic imbalance in the spirit, ultimately manifesting as a physical malady, so does murder arise as an emotional imbalance of the spirit (lust), often manifesting in the physical act of killing. The description of karma as being purely a mental phenomenon is accurate. Even if the physical act is not carried out the individual is still dominated by lust, whose hegemony will strangle his/her efforts to perceive and live in harmony with the Divine Plan.

Transference is a lawful separation (taking away) of something from its present cycle, placing it then in a different cycle. This separation is defined as lawful if it is found to be in harmony with the Divine Plan; if it serves a purpose expressive of Divine Order.

Stealing is rooted in lust, which manifests truly as a lack of perception of the Divine Plan and the Divine Order (the proper place and distribution of all things in the universe). Stealing is an unlawful separation (taking away) of something from its present cycle without placing it in a cycle wherein the result is expressive of Divine Order. It is defined as unlawful because it is found to be in violation of the Divine Plan.

If I take water from a stream and drink it, I have affected a transference of energy. This transference is in harmony with the Divine Plan, for the energy will rejuvenate my person, and later be recycled by nature without imbalance being generated. The water was separated from the nature-cycle of evaporation-condensation-precipitation, and placed into the human-cycle of digestion-rejuvenation-excretion. After excretion from my person, it returns to nature. This is lawful. It is transference. (truly cyclical)

If through misplaced anger I murder a human being, I have caused a separation of energy-his soul from his physical body. Yet, a misplaced anger has caused me to be indifferent to the circumstances within which I have now placed this soul-energy (Ancestral-cycle). Lust blinds me from the perception of the Divine Plan. Thus, the separation of soul from body in this instance is not expressive of Divine Order. It is unlawful. It is stealing.

If Goddess/God came into being in the form of the things It created, after having laid a foundation in Order, then the life-death-rebirth cycle is a cycle used by Goddess/God as a mode of transference--recycling of the Life-force. If we are Goddess/God, essentially, then we have the responsibility and the right to facilitate transference, if said transference-sacrifice is expressive of Divine Order, and in harmony with the Divine Plan.

Acts never create bad karma. Lust itself, is its only creator. It is a mental phenomenon.

The initiated as instruments of liberation.

What is the priestess' or priest's function with respect to liberation? Do the initiated ever liberate, or do they learn the arts of harnessing and redirecting that which has been provoked, in harmony with the Divine Plan?

Does the initiated priestess/priest not provoke, or call forth, the energy of the herb, then redirect that energy towards the healing of the patient, if the patient so desires? Does the initiated not provoke the energy of the animal through prayer and sacrifice, then redirect that energy towards restoring balance where some energetic imbalance has occurred, if the injured individual or entity so desires? Does the initiated not provoke the energy of the Ancestral Spirits, the Deities, the oracles and then redirect that energy in order to provide direction and guidance to the querent towards harmonizing with the Divine Plan, if the querent so desires?

The priestess is an instrument. The priest is an instrument. They relinquish ego to receive their part as one of many conscious participants in the Divine Order. Yet, the initiated must submit to the Laws of Cycles.

One ignites the fire, then uses it to light the way. You must arouse energy before you can use it to serve your needs. You must begin with its ignition before energy can be directed to move or change you or your situation. Yet, before one ignites the flame in any endeavor there must exist a genuine desire for the flame to be ignited. The baby desires to move across the floor, so it rises to do so. The flame is ignited by a genuine desire. Even if it cannot yet walk or direct itself, the desire is so genuine that the parent will come to assist, to take the arms of the baby and direct it towards its desired destination. The parent does not carry the child. The parent initially provokes the child's energy through urging it to walk, then redirects the baby's energy when the imbalance/fall comes. The parent restores balance.

If a genuine desire towards liberation is aroused within the society as a whole, the priestess/priest has the responsibility then to redirect this energy towards that end. The Haitians had the desire, Boukman harnessed that desire towards victory. Their genuineness lay in the fact that they never had the desire to relinquish their culture. Who else has such a desire?

The religion is the culture. Who speaks against the religion? They who would relinquish their culture. The genuine desire then wanes. The initiated must wait, for they must obey the Laws of Cycles. Then a time arrives where the mass of the society has grown weary of searching for liberation from an external source. They begin to look within. They revisit the culture. They revisit the religion. The initiated may then begin provocation; desire is aroused; energy is redirected; balance begins to be restored.

MAAT
MMARA

Our roles as Ntoru/Ntorotu, Abosom, Our roles as Shepsu/Shepsetu, Nsamanfo, are joined, inseparable, with respect to the awakening of the full potential of the spirit in the individual. We are not here to carry out your tasks. We can not do the work for you, for We are never in violation of the Law in which We are sustained, through which We are fed and have Our origin, Our existence. Your choices determine the path you tread. You have a destiny, but your success depends on the choice you make at the critical moment. We as Shepsu/Shepsetu, Nsamanfo, can answer your questions. We can provide insight into a direction upon which you are contemplating. We can show you, today, the Nation of which you are a direct incarnation. The ways of the people, Us, from whom you directly descend. We can function as intermediaries, access to the forces which influence events. We as Ntoru/Ntorotu, Abosom, will nourish, replenish, and sustain your spirit, your body. We will convey the power, the consciousness, for you to carry out the tasks which you choose to undertake. But, you must see that every act sets events in motion. Events that will not be reversed. Some may endeavour to avoid consequences through manipulation of forces, but none can ever truly escape. We worship the Law. We uphold the Law. We can never deviate from the Law, the Supreme Being. Make your choice. Unite your will to the Divine Will, and you will prosper. You will accomplish what you incarnated to accomplish. Reject the Will of Divinity, and you will receive that which you chose to receive. It is ultimately your choice.

Anan.

Agoo.

You have never had an idea. You know nothing. The Wisdom of Divinity is from Whence comes all knowledge. We as Ntoru/Ntorotu, Abosom, form Wisdom as knowledge. This We hold in Time. Every desire generated in you to think, to know, is an invocation of Us to transmit knowledge. Your intelligence is proportionate to your degree of receptivity. We as Shepsu/Shepsetu, Nsamanfo, do assist you. We access knowledge, ideas, for you when you lack the receptivity. For to be receptive you must listen, you must silence yourself. Yet, your desire to know is rivalled by your desire to follow those which lead you away from your path. Know then that you have no thoughts of your own. Know that We must always be involved. Know that the only thing you own is the choice to reject that which is received. Know, only because the Supreme Being Knows.

Hetep. Amee.

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