

# AFLASEM

## AHOOFE

### ADWENE NO YE FE

Ofa a eto so Abien

*The Mind is Beautiful*

*Part 2*

by **Yoofiwa Kyekye**

*Below is a 2-page excerpt from our 8-page article on: Adwene no Ye Fe....*

“....The cultivation and widespread use of whole, half or partially inaccurate nuggets of information is severely counterproductive. They in essence are simple methods for the akyiwadefo (the whites and their offspring) to program the minds/**adwene** of Afurakanu/Afuraitkaitnut with "what they want us to think" on any given subject, consequently stunting our natural mental development and maturity in the act of "how to think"*(to use one's mind to consider ideas, make judgments and form thoughts; to mentally search or measure depth, or calculate the capacity; to decide based on reflection, pondering or through reasoning - [not repetition or recital])*<sup>1</sup>. This systematic programming process begins in childhood as they encourage the minds/*adwene* of our children to imagine and believe the impossible while trying to buffer their minds/*adwene* from seeing or focusing on reality.

#### Clichés

People often quote clichés, old sayings and ‘they says’ (who are ‘they’ anyway?) thinking these phrases are helpful little catchy phrases that embody nuggets of truth they can easily recollect and trust. For some they are/can be creeds by which they live their lives. ‘A man is known by the company he keeps’, ‘word is bond’, ‘a tree is known by its fruit’, or ‘an apple a day keeps the doctor away’ are just a few. Many use such sayings as a source of knowledge from which to draw, even quoting them to assist in debates or to help solve problems. Truthfully, a cliché is nothing more than an expression or phrase that is commonly quoted by the masses; the validity (or lack there of) is irrelevant and often goes unchallenged.

The etymology of *cliché* is french meaning literally, *printer's stereotype, from past participle of cliher to stereotype, of imitative origin*. In other words, a cliché represents something that is not original; in fact, something that is a fake. So, the obvious problem with using clichés as creeds is many, by definition, are not true or aren't completely true. Many combine truth and falsehood or are an exaggeration of the truth. Where I'm from a thing is either ‘a whole truth’ or it's ‘a whole lie’. Even further, drawing on clichés as a source of knowledge

can discourage the innate inclination among Afurakanu/Afuraitkaitnut to draw on the true and infinite source of true and accurate knowledge embodied in Divine Intelligence that we're already connected with. With years of using clichés, combined with our 'belief-based' childhood programming we began to rationalize supposed truths in these clichés, some of which we will challenge in this article.

### Forgive and Forget

One of the more popular clichés imposed upon Afurakanu/Afuraitkaitnut by the akyiwadefo through their pseudo-religions and their various forms of propaganda is the one that says we should 'forgive and forget'...."

This excerpt is taken from the fourth issue of our **AFURAKA/AFURAITKAIT Nanasom Nhoma Afurakani/Afuraitkaitnit Ancestral Religion Journal**. Please go to [www.odwirafo.com/nanasom.html](http://www.odwirafo.com/nanasom.html) to purchase our *nhoma* (journal) online via paypal or by check or money order. Fourth issue (72 pages): **\$3.00** 1-year subscription: **\$27.00**. The electronic version of the current issue of the journal as well as the previous two issues will be e-mailed to you together immediately upon receipt of payment. Hard copies are available also: **\$5.00** per issue plus shipping; **\$45.00** for a 1-year subscription plus shipping.